

GOSFORD STINGRAYS NEWSLETTER

APRIL 2011



Up coming events

KPD Development Meet

14 May 2011
Kerta Road swim centre
Kincumber

KPD Qualifying Meet

15 May 2011
PLC Woy Woy

Titans Qualifying Meet

11 -12 June 2011
Place TBC

Coast & Valley Champs

18-19 June 2011
Toronto Pool

Woy Woy Development Meet

23 July 2011
PLC Woy Woy

Please check the Stingrays board at the end of the 50m pool for all upcoming carnivals and get your entries in as soon as possible. Entry cards are available at club meets and from pool reception. Put money and entry in an envelope and place in the carnival box. The box is cleared weekly.

Welcome to all our new members, we hope that everyone has a great year swimming whether it be at club or at outside carnivals. The club will continue to offer swimmers of all ages and abilities the opportunity to participate at all levels of the club's activities.

With the National Swimming Championships and Australian Age Championships behind us we are now concentrating on the Country Championships to be held in July at Sydney Olympic Park Aquatic Centre. The qualifying times are on the NSW swimming website if anyone wishes to view these. They can provide an incentive for children to reach.

The club officially finished its long course season on April 2 and we are now into our short course season which means swimming in the 25 metre pool inside. A big thank you to our President and Treasurer Terri and Ron Golding for putting on a BBQ during our long course season, it was enjoyed by all who attended. Swimming does bring on an appetite.

During our long course season several swimmers attended swim meets outside of club. All swimmers performed well and many put in personal best times (PB's).

Kirsten McIntosh and Lachlan Boler both swam in the Speedo Sprints (50m races only) in February and gained 6th placing or faster, giving them the chance to swim in the finals at Homebush. Although they did not come away with medals they both performed extremely well.

Danielle and Melissa Parkes and Patrick Uljan all swam at the Hunter Swim Club Qualifying meet at New Lambton, Newcastle. Melissa performed exceptionally well making some PB's against some tough competition.

Unfortunately I was unable to attend a Development swim meet at the Toukley Titans on 26 March that some of our junior members Josiah and Simeon Harris and Jasmine Jones attended. I believe they all swam very well and came away with several medals. Well done all three.

On 27 March a number of our swimmers attended a JX (Junior Excellence) meet down at SOPAC (Homebush). This was a very big meet commencing at 9.00am and finishing at 5.00pm. It was a very long day for our junior swimmers Josiah, Samuel Hughes and Daniel and Oliver Robinson, who all put in a solid effort. It was a pleasing sight to see an all Stingrays heat for several races with the boys putting in PB's and swimming against each other. Georgina Robinson, Chelsea Jones and Patrick Uljan all put in great times and although not medalling

Gosford Stingray club swimwear is available for purchase at club meets, swim suits, swim caps and shirts, unfortunately we have limited sizing in shirts. Please ask a committee member at a club meet.

improved on their long course times. It was especially exciting for the children to see their name up on the large score boards at the beginning and end of their races. Well done everyone.

Back to Toukley pool for the Toukley Sharks short course meet on 3 April saw Olivia Waterhouse and Jasmine Jones going head to head in their races. They both did extremely well putting in PB's for their races. Sam Hughes again did extremely well and again doing PB's for all his races and mastering the short course. Tom Waterhouse, in only his second meet, swam extremely well mastering his turns and finishes with some PB's. Patrick Uljan put in 4 out of 6 races with PB's. Chelsea Jones put in a very pleasing effort and built on previous times set. Danielle Parkes unfortunately was injured and only swam one race, considering the circumstances she did exceptionally well.

Entries have now closed for the Kincumber Pacific Dolphins Development meet and the Qualifying meet. I know you will join me in wishing the competitors the very best for another successful swimming meet.

A special thank you goes to Ross Tait and Ian Cooper for their coaching and dedication to our swimmers. We also welcome Brian as a new coach to Gosford Pool. I am sure many of you have already met him and are fitting in with his coaching style.