

Grading Times for Club Nights

Swimmers must achieve the following times to swim in the nominated grades.

Little Rays

12.5m of each stroke and 25 m kickboard. No allocated times.

D Grade

25m free 32 secs or faster

C Grade

50 m free 48 secs or faster
50m back 56 secs or faster
50m breast 1.01.00 or faster
50m fly 55 secs or faster
200m IM Based on freestyle time

B Grade

50m free; 100m free 38 secs; 1.20.00 or faster
50m back; 100m back 45 secs; 1.35.00 or faster
50m breast; 100m breast 50 secs; 1.50.00 or faster
50m fly; 100m fly 45 secs; 1.40.00 or faster
200m IM Based on freestyle time

A Grade

100m free 1.08.00 or faster
100m back 1.15.00 or faster
100m breast 1.30.00 or faster
100m fly 1.20.00 or faster
200 IM 2.45.00 or faster

Please note: It is the parent's decision to promote child to D grade.

To swim in B Grade, swimmers need to achieve the nominated 50m time or the 100m time, not both times for individual strokes.